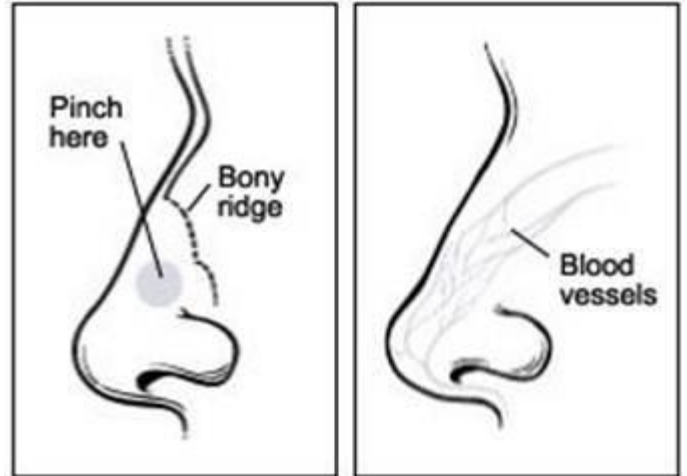


GUIDE TO NOSEBLEEDS

Have student cover nose with a tissue and pinch the nose right below the bony ridge



Lean head forward to prevent blood from going down throat and into mouth

- **AVOID HANDLING BLOOD WITHOUT GLOVES**
- **ALWAYS SEND STUDENTS TO THE NURSE WITH TISSUES (WE DON'T WANT A TRAIL OF BLOOD)**
- **SECONDARY STUDENTS WHO HAVE FREQUENT NOSE BLEEDS CAN HANDLE THESE ON THEIR OWN IN THE BATHROOM UNLESS THEY REQUEST ASSISTANCE FROM THE NURSE**